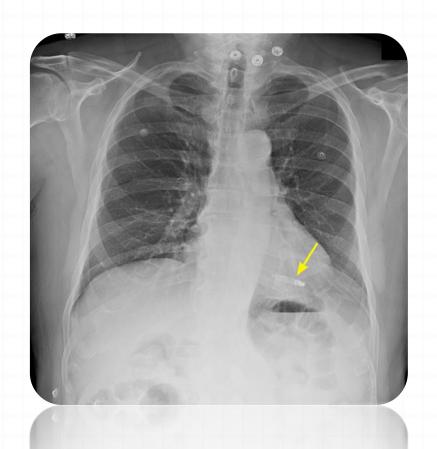
## What's New in CIEDs

Keimyung University Dongsan Medical Center Hyoung-Seob Park







### Transvenous CIEDs

- ✓ Technology:
  - Highly mature & reliable
  - Still includes generator, connectors and leads
- ✓ Procedure:
  - Surgical pocket + Transvenous leads
- ✓ Device issues Pocket
  - Discomfort, Hematomas, Infections, Cosmetic concerns
- ✓ Leads
  - Mechanical failures
  - Infections; Extractions
  - Mobility restrictions
  - Incompatibility with MRI



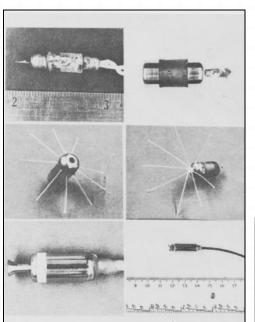
## History of Leadless Pacing

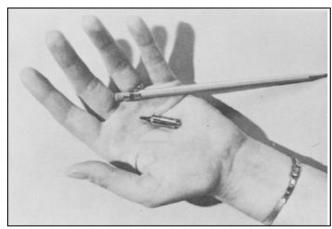
J. ELECTROCARDIOLOGY, 3 (3-4) 325-331, 1970

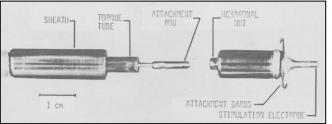
### Special Article

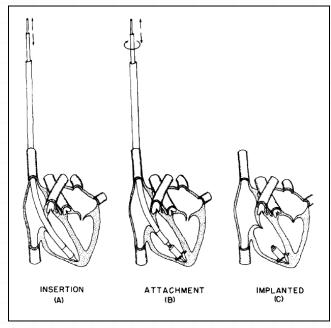
### Totally Self-Contained Intracardiac Pacemaker\*

J. WILLIAM SPICKLER, PH.D., NED S. RASOR, PH.D.†, PAUL KEZDI, M.D. S. N. MISRA, M.D., K. E. ROBINS, P.E., AND CHARLES LeBOEUF, P.E.











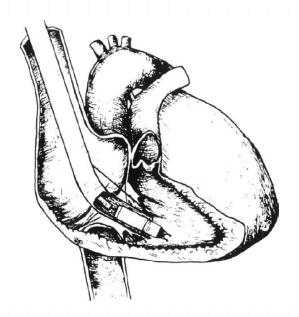
## History of Leadless Pacing

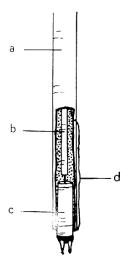
© by EBM

EUR.J.CPE.1991.1:27-30

### A Miniature Pacemaker Introduced Intravenously and Implanted Endocardially. Preliminary Findings from an Experimental Study

P.E. VARDAS, C. POLITOPOULOS, E. MANIOS, F. PARTHENAKIS, and C. TSAGARAKIS



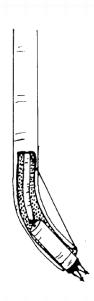


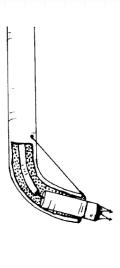


b: Pusher catheter

c: Miniature pacemaker

d: Steering arm







### What's Needed for a Leadless Pacemaker?

- ✓ Catheter-based delivery system
- ✓ High density energy source
- ✓ Low power electronics
- ✓ Novel communication scheme
- ✓ Biocompatible materials
- ✓ Dependable fixation design
- ✓ Retrievability capability



### Leadless Pacemakers

LCP™ Nanostim/SJM Micra™ Medtronic WiCS™ EBR December 2012 December 2013 May 2011



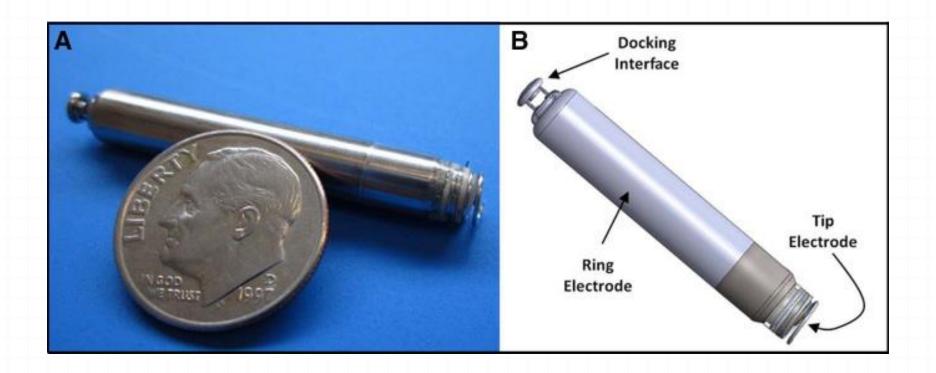
### Nanostim<sup>™</sup> Leadless Pacemaker

The Nanostim<sup>™</sup> VVIR pacemaker is introduced through the femoral vein into the right ventricle.

- ✓ Energy efficient
  - ✓ High-capacity CFx battery
  - ✓ Lower resistance due to lack of lead
  - ✓ Low-power conductive communication
- ✓ Compatible with Merlin<sup>™</sup> Patient Care System
- ✓ Electrode design is identical to a St. Jude Medical electrode with same steroid elution
- ✓ Designed to prevent dislodgement
  - ✓ Double fixation: single turn helix (x 2 pullstrength) plus angled nylon sutures
  - ✓ Radiographic indicator to ensure proper number of turns
- ✓ Tethered test mode for perioperative evaluation
- ✓ Designed for retrievability
  - Catheter-based retrieval system



### Nanostim™ Leadless Pacemaker





## The Nanostim™ Leadless Pacemaker Delivery System

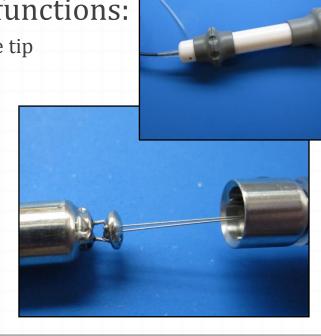
### ✓ Delivery catheter

- ✓ Soft, flexible, deflectable catheter tip designed to minimize complications
- ✓ Tethered feature
- ✓ Integrated protective sleeve
- ✓ 18 F

### ✓ Handle with four functions:

- ✓ Steering the deflectable tip
- ✓ Docking/undocking
- ✓ Rotating the device
- ✓ Releasing tether

### ✓18 F introducer



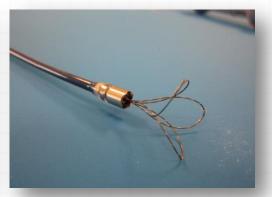


## The Nanostim™ Leadless Pacemaker Retrieval System

- ✓ Similar to delivery system
  - ✓ Flexible with deflectable tip
  - ✓ Integrated protective sleeve
  - ✓ 18 F
- ✓ Either single loop or triple loop snare
- ✓ Handle with three functions:
  - ✓ Steering the deflectable tip for accurate passage
  - ✓ Grabbing and docking the LP
  - ✓ Rotating the LP

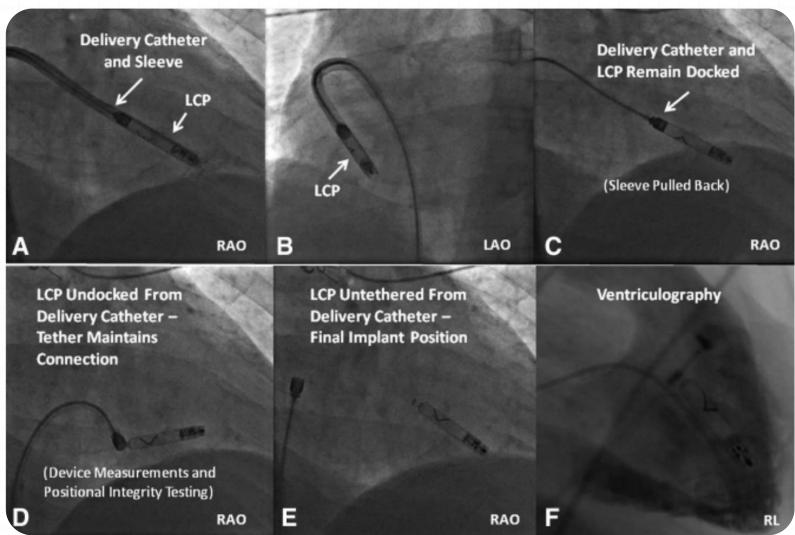






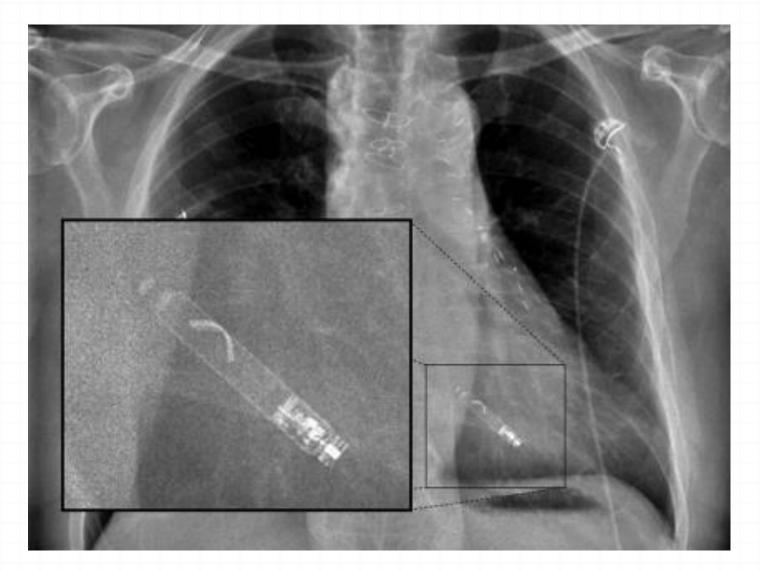


### Leadless Pacemaker Implantation



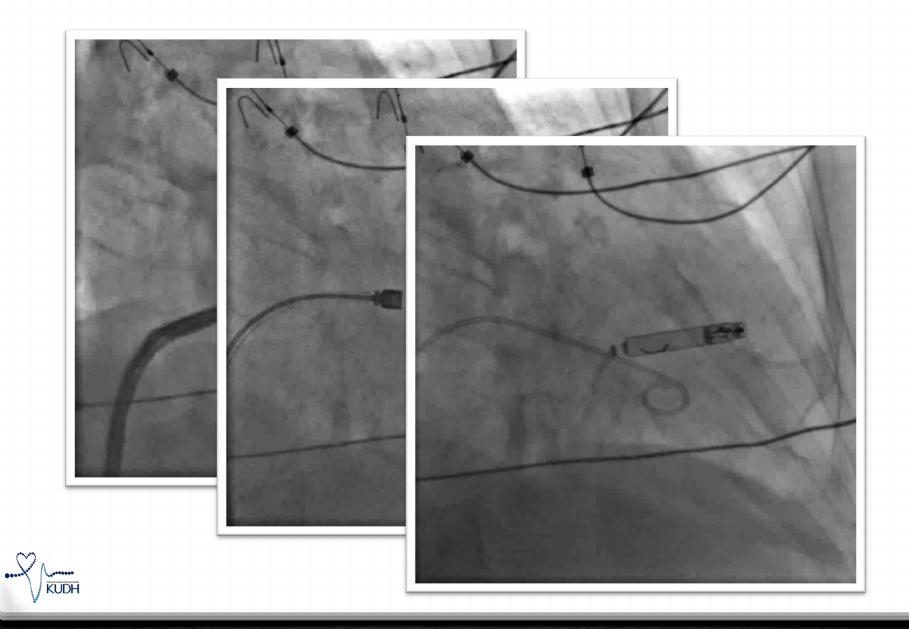


## Leadless Pacemaker Implantation





## Leadless PMK at RV Base



## Comparison with Conventional System

Attribute	Lead-based Pacemaker	Leadless Pacemaker	
Implant procedure	Surgical pocket + lead (7 F)	Percutaneous femoral based delivery (18 F)	
Implant time	30 – 40 minutes	15-20 minutes <sup>15</sup> (shorter patient recovery)	
X-ray exposure	For implanter: Next to the X-ray tube	For implanter: Further away from the source	
Connections	Lead-can connectors	None	
Apparatus in vascular system (chronic)	Yes (lead)	No (leadless)	
Apparatus through tricuspid valve (chronic)	Yes (lead)	No (leadless)	
System removal	Specialization required	Removal tools available	
Longevity (2.5V, 0.4ms, 60 bpm) Accent™ SR Inductive for lead-based (500 Ω for Accent, 600 Ω for leadless)	100% pacing – 11.2 years 75% pacing – 11.8 years 50% pacing – 12.5 years 25% pacing – 13.3 years	100% pacing – 9.8 years 75% pacing – 11.7 years 50% pacing – 14.5 years 25% pacing – 18.9 years	
Battery Replacement	Pocket access	Femoral access: removal+ new implant Option for another adjacent implant	
MRI compatibility	Conditional – image impact	MRI conditional status not yet determined	



### Leadless Trial

### Arrhythmia/Electrophysiology

## **Permanent Leadless Cardiac Pacing Results of the LEADLESS Trial**

Vivek Y. Reddy, MD; Reinoud E. Knops, MD; Johannes Sperzel, MD; Marc A. Miller, MD; Jan Petru, MD; Jaroslav Simon, MD; Lucie Sediva, MD; Joris R. de Groot, MD, PhD; Fleur V.Y. Tjong, MD; Peter Jacobson, BS; Alan Ostrosff, MS; Srinivas R. Dukkipati, MD; Jacob S. Koruth, MD; Arthur A.M. Wilde, MD, PhD; Josef Kautzner, MD, PhD; Petr Neuzil, MD, PhD

**Background**—Conventional cardiac pacemakers are associated with several potential short- and long-term complications related to either the transvenous lead or subcutaneous pulse generator. We tested the safety and clinical performance of a novel, completely self-contained leadless cardiac pacemaker.

Methods and Results—The primary safety end point was freedom from complications at 90 days. Secondary performance end points included implant success rate, implant time, and measures of device performance (pacing/sensing thresholds and rate-responsive performance). The mean age of the patient cohort (n=33) was 77±8 years, and 67% of the patients were male (n=22/33). The most common indication for cardiac pacing was permanent atrial fibrillation with atrioventricular block (n=22, 67%). The implant success rate was 97% (n=32). Five patients (15%) required the use of >1 leadless cardiac pacemaker during the procedure. One patient developed right ventricular perforation and cardiac tamponade during the implant procedure, and eventually died as the result of a stroke. The overall complication-free rate was 94% (31/33). After 3 months of follow-up, the measures of pacing performance (sensing, impedance, and pacing threshold) either improved or were stable within the accepted range.

**Conclusions**—In a prospective nonrandomized study, a completely self-contained, single-chamber leadless cardiac pacemaker has shown to be safe and feasible. The absence of a transvenous lead and subcutaneous pulse generator could represent a paradigm shift in cardiac pacing.

Clinical Trial Registration—URL: http://clinicaltrials.gov. Unique identifier: NCT01700244. (Circulation. 2014;129:1466-1471.)

Key Words: pacemaker, cardiac



## Demographics and Procedural Details

Parameter Age, y	
Pacing indication, n (%)	
Permanent AF with AV block (including AF with a slow ventricular response)	22 (67)
Sinus rhythm with 2nd/ 3rd degree AV block and significant comorbidities	6 (18)
Sinus bradycardia with infrequent pauses or unexplained syncope	5 (15)
Implant success rate, n (%)	
Procedure duration, min	
Time to hospital discharge, h	
Repositioning attempts (to achieve final implant position), n (%)	
0	23 (70)
1	4 (12)
2	4 (12)
3	2 (6)
Rehospitalized within 90 days, n (%)	
Complication-free rate, %	



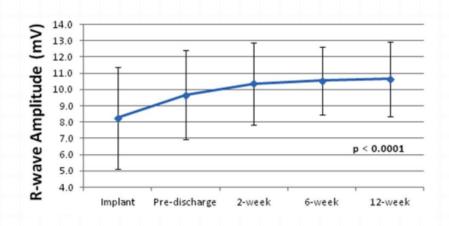
AF indicates atrial fibrillation; and AV, atrioventricular block.

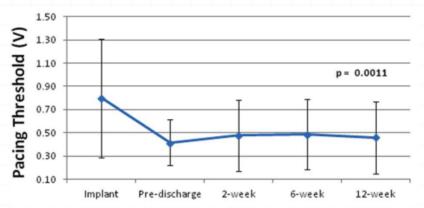
## Safety Endpoint

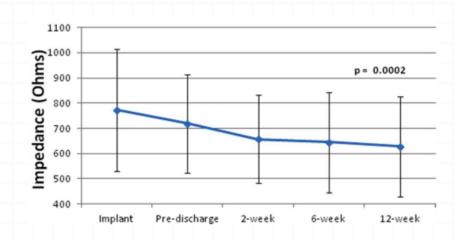
- ✓ 1 Minor Groin Hematoma, no treatment
- ✓ Cardiac Perforation & Tamponade
  - 70 year-old male with chronic AF, INR 2.1 at implant
  - Uncomplicated Surgical Repair
  - But during convalescence (5 days post-op)
  - Large right-sided stroke (INR = 1.5)
  - Expired



### **Device Performance Measurements**









### Chronic Performance of a Leadless Cardiac Pacemaker



1-Year Follow-Up of the LEADLESS Trial

Reinoud E. Knops, MD,\* Fleur V.Y. Tjong, MD,\* Petr Neuzil, MD, PhD,† Johannes Sperzel, MD,‡ Marc A. Miller, MD,§ Jan Petru, MD,† Jaroslav Simon, MD,† Lucie Sediva, MD,† Joris R. de Groot, MD, PhD,\* Srinivas R. Dukkipati, MD,§ Jacob S. Koruth, MD,§ Arthur A.M. Wilde, MD, PhD,\* Josef Kautzner, MD, PhD,|| Vivek Y. Reddy, MD§

### **ABSTRACT**

**BACKGROUND** A leadless cardiac pacemaker (LCP) system was recently introduced to overcome lead-related complications of conventional pacing systems. To date, long-term results of an LCP system are unknown.

**OBJECTIVES** The aim of this study was to assess the complication incidence, electrical performance, and rate response characteristics within the first year of follow-up of patients implanted with an LCP.

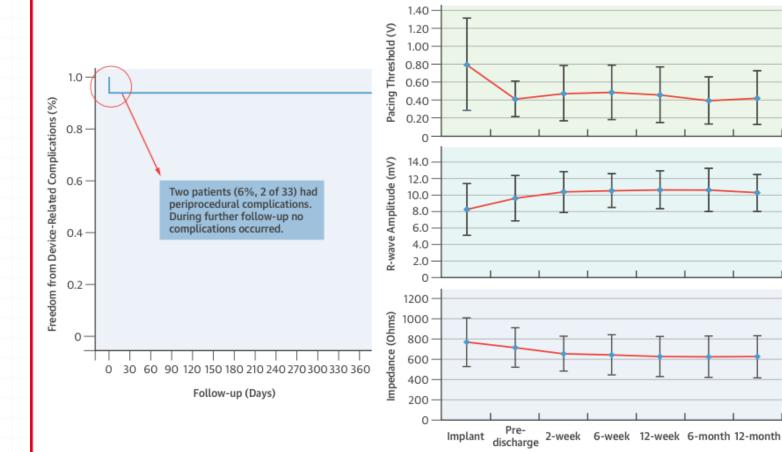
**METHODS** We retrospectively assessed intermediate-term follow-up data for 31 of 33 patients from the LEADLESS trial cohort who had an indication for single-chamber pacing and received an LCP between December 2012 and April 2013.

**RESULTS** The mean age of the cohort was 76  $\pm$  8 years, and 65% were male. Between 3 and 12 months of follow-up, there were no pacemaker-related adverse events reported. The pacing performance results at 6- and 12-month follow-up were, respectively, as follows: mean pacing threshold (at a 0.4-ms pulse width), 0.40  $\pm$  0.26 V and 0.43  $\pm$  0.30 V; R-wave amplitude 10.6  $\pm$  2.6 mV and 10.3  $\pm$  2.2 mV; and impedance 625  $\pm$  205  $\Omega$  and 627  $\pm$  209  $\Omega$ . At the 12-month follow-up in 61% of the patients (n = 19 of 31), the rate response sensor was activated, and an adequate rate response was observed in all patients.

**CONCLUSIONS** The LCP demonstrates very stable performance and reassuring safety results during intermediate-term follow-up. These results support the use of the LCP as a promising alternative to conventional pacemaker systems. Continued evaluation is warranted to further characterize this system. (Evaluation of a New Cardiac Pacemaker; NCT01700244) (J Am Coll Cardiol 2015;65:1497-504) © 2015 by the American College of Cardiology Foundation.



### **CENTRAL ILLUSTRATION** 1-Year Follow-Up of Patients Implanted With a Leadless Cardiac Pacemaker: Safety and Device Performance



Knops, R.E. et al. J Am Coll Cardiol. 2015; 65(15):1497-504.

(Left) Kaplan-Meier survival curve represents freedom from device-related complications: 2 patients had device-related complications (6%, 31 of 33), both periprocedurally. During further follow-up, no complications occurred in the remaining patients (n = 31). (Right) Device performance measurements of the leadless cardiac pacemaker. The mean value  $\pm$  SD of pacing threshold (at 0.4 ms [V]) (right top); the R-wave amplitude (mV) (right middle); and the pacing impedance ( $\Omega$ ) (right bottom) at each follow-up assessment.



## The LEADLESS Pacemaker IDE Study (Leadless II)

- ✓ Evaluate safety and effectiveness of the Nanostim<sup>™</sup> leadless pacemaker in patients indicated for VVIR pacemaker
- ✓ Prospective, single-arm study
- ✓ Estimated Enrollment : 667 patients
- ✓ Primary Safety Endpoint
   Complication Free Rate (Up to 6 months post implant)
- ✓ Primary Effectiveness Endpoint Pacing Thresholds and R-wave amplitudes at 6 months



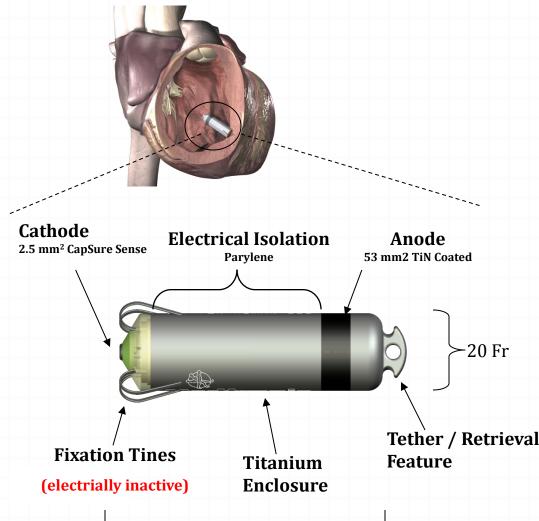
## Micra™ Transcatheter Pacing System (TPS)

- ✓ 25.9 mm, < 1cc miniaturized VVIR pacemaker (Adapta pacemaker ~10cc)
- ✓ World's smallest, minimally invasive pacing system
- ✓ 10 year longevity
- ✓ Percutaneous access to RV apex via femoral vein
- ✓ Active fixation via 4 self-expanding "tines"





## Technical Overview: Pacing Capsule



- VVIR
- Volume: 0.75cc / Mass: 2g
- Programmable
- Bipolar sensing; 17mm spacing
- Capture Management
- Essential diagnostics (i.e., battery status, pacing threshold, pacing impedance, % paced)
- 7 yr longevity (100% paced 60 bpm @ 2.0V pacing)
- Device can be inactivated at the end of battery life
- MR-conditional-MRI Scans

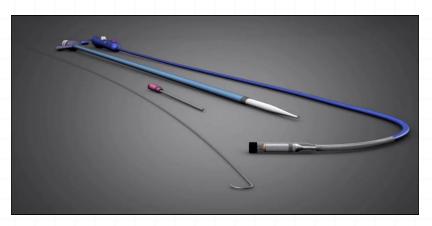


• RF communication with programmer and CareLink

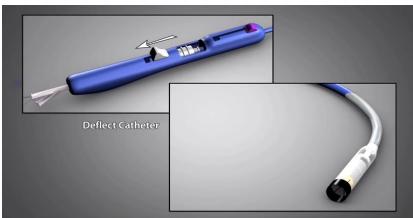


24 mm length

### **Technical Overview: Delivery System**

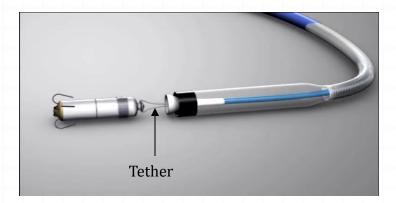


- ✓ Non-OTW; 24F introducer sheath to RA
- ✓ Distal delivery cup to hold device; 22F
- √ 16F proximal shaft
- ✓ Fixed shape proximal curve
- ✓ Off-plane distal articulation
- √ 105cm working length (femoral)



Distal delivery cup to hold device; 22F





### **Implant Tether**

- ✓ Facilitates fixation verification (Tug Test)
- ✓ Mechanism for re-capture of PLP Device
- ✓ Removable
- ✓ Medical Grade Suture material: PET with PTFE coating (braided)



## Micra Transcatheter Pacing Study

- ✓ ClinicalTrials.gov Identifier: NCT02004873
- ✓ Single arm, multi-center global clinical trial
- ✓ Estimated Enrollment : 780 patients
- ✓ Study Start Date: November 2013
- ✓ Estimated Study Completion Date : June 2018
- ✓ At ~50 centers
- ✓ Primary Outcomes at 6 months :
  - Safety: Major complication-free rate
  - Efficacy: Low and stable pacing capture thresholds





The S-ICD™ System

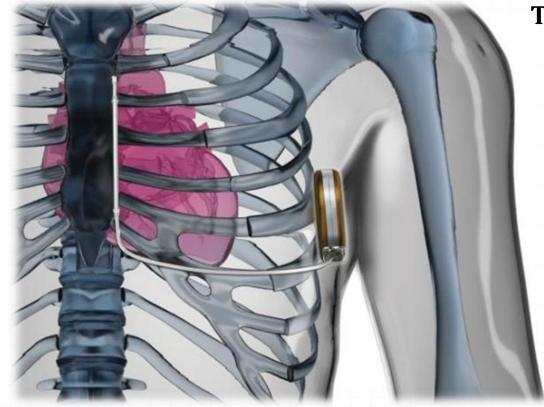


## Design Goals of Subcutaneous ICD Therapy

- ✓ To avoid both the short- and long-term complications
  associated with transvenous leads
- ✓ To defibrillate with more uniform voltage gradients, reducing myocardial damage
- ✓ To sense activation across the whole heart, improving accuracy for arrhythmia detection.
- ✓ To provide an option for patient sub-populations for which TV-ICD is not ideal
- ✓ To reduce risk of lead failure in young and active patients



### Effective defibrillation without transvenous leads



### The S-ICD™ System:

- ✓ Entirely subcutaneous
- ✓ Does not require leads in the heart, leaving the vasculature untouched
- ✓ Placed strictly by anatomical landmarks, removing the need for fluoroscopy at implant
- ✓ Sophisticated algorithms provide performance equal to transvenous ICDs¹

<sup>1)</sup> Burke M, et al. Safety and Efficacy of a Subcutaneous Implantable-Defibrillator (S-ICD System US IDE Study). Late-Breaking Abstract Session. HRS 2012. Gold M, et al. Head-to-Head Comparison of Arrhythmia Discrimination Performance of Subcutaneous and Transvenous ICD Arrhythmia Detection Algorithms: The START Study. Journal of Cardiovascular Electrophysiology; Vol 23:4(359-366)



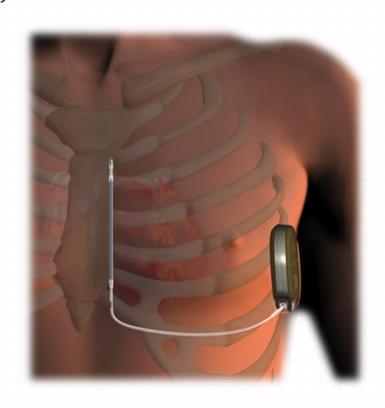
## The S-ICD™ System

- ✓ Provides effective defibrillation for ventricular tachyarrhythmias
- ✓ No risk of vascular injury
- ✓ Low risk of systemic infection
- ✓ Preserves Venous access
- ✓ Avoids risks associated with endovascular lead extraction
- ✓ Fluoroscopy not required



## The S-ICD™ System

- √ 80 joule (delivered) biphasic shock
- ✓≤ 10 seconds charge time to 80J
- ✓ 5.1 year projected longevity
- √ 30 seconds post-shock pacing
- ✓ Single electrode connection
- ✓ Full featured episode storage





### ORIGINAL ARTICLE

### An Entirely Subcutaneous Implantable Cardioverter–Defibrillator

Gust H. Bardy, M.D., Warren M. Smith, M.B., Margaret A. Hood, M.B., Ian G. Crozier, M.B., Iain C. Melton, M.B., Luc Jordaens, M.D., Ph.D., Dominic Theuns, Ph.D., Robert E. Park, M.B., David J. Wright, M.D., Derek T. Connelly, M.D., Simon P. Fynn, M.D., Francis D. Murgatroyd, M.D., Johannes Sperzel, M.D., Jörg Neuzner, M.D., Stefan G. Spitzer, M.D., Andrey V. Ardashev, M.D., Ph.D., Amo Oduro, M.B., B.S., Lucas Boersma, M.D., Ph.D., Alexander H. Maass, M.D., Isabelle C. Van Gelder, M.D., Ph.D., Arthur A. Wilde, M.D., Ph.D., Pascal F. van Dessel, M.D., Reinoud E. Knops, M.D., Craig S. Barr, M.B., Pierpaolo Lupo, M.D., Riccardo Cappato, M.D., and Andrew A. Grace, M.B., Ph.D.

#### ABSTRACT

The authors' affiliations are listed in the Appendix. Address reprint requests to Dr. Bardy at the Seattle Institute for Cardiac Research, 10115 NE 24th St., Bellevue. WA 98004, or at gbardy@sicr.org.

This article (10.1056/NEJMoa0909545) was published on May 12, 2010, at NEJM.org.

N Engl J Med 2010;363:36-44. Copyright © 2010 Massachusetts Medical Society.

### BACKGROUND

Implantable cardioverter–defibrillators (ICDs) prevent sudden death from cardiac causes in selected patients but require the use of transvenous lead systems. To eliminate the need for venous access, we designed and tested an entirely subcutaneous ICD system.

### METHOD

First, we conducted two short-term clinical trials to identify a suitable device configuration and assess energy requirements. We evaluated four subcutaneous ICD configurations in 78 patients who were candidates for ICD implantation and subsequently tested the best configuration in 49 additional patients to determine the subcutaneous defibrillation threshold in comparison with that of the standard transvenous ICD. Then we evaluated the long-term use of subcutaneous ICDs in a pilot study, involving 6 patients, which was followed by a trial involving 55 patients.

### RESULTS

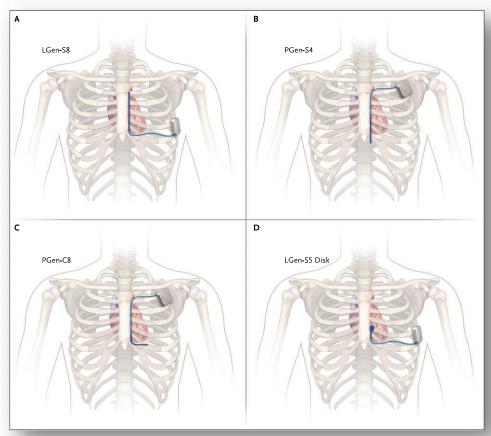
The best device configuration consisted of a parasternal electrode and a left lateral thoracic pulse generator. This configuration was as effective as a transvenous ICD for terminating induced ventricular fibrillation, albeit with a significantly higher mean ( $\pm$ SD) energy requirement (36.6 $\pm$ 19.8 J vs. 11.1 $\pm$ 8.5 J). Among patients who received a permanent subcutaneous ICD, ventricular fibrillation was successfully detected in 100% of 137 induced episodes. Induced ventricular fibrillation was converted twice in 58 of 59 patients (98%) with the delivery of 65-J shocks in two consecutive tests. Clinically significant adverse events included two pocket infections and four lead revisions. After a mean of 10 $\pm$ 1 months, the device had successfully detected and treated all 12 episodes of spontaneous, sustained ventricular tachyarrhythmia.

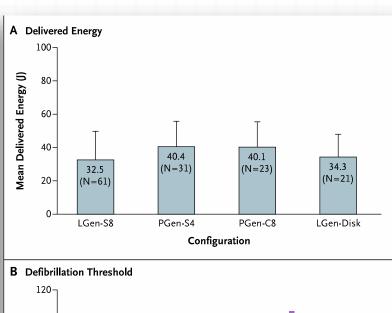
### CONCLUSIONS

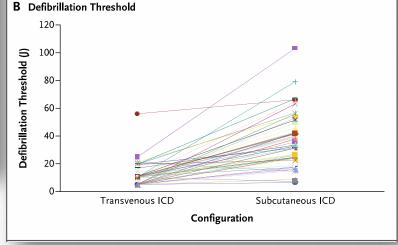
In small, nonrandomized studies, an entirely subcutaneous ICD consistently detected and converted ventricular fibrillation induced during electrophysiological testing. The device also successfully detected and treated all 12 episodes of spontaneous, sustained ventricular tachyarrhythmia. (ClinicalTrials.gov numbers, NCT00399217 and NCT00853645.)



## Four Configulation of a S-ICD

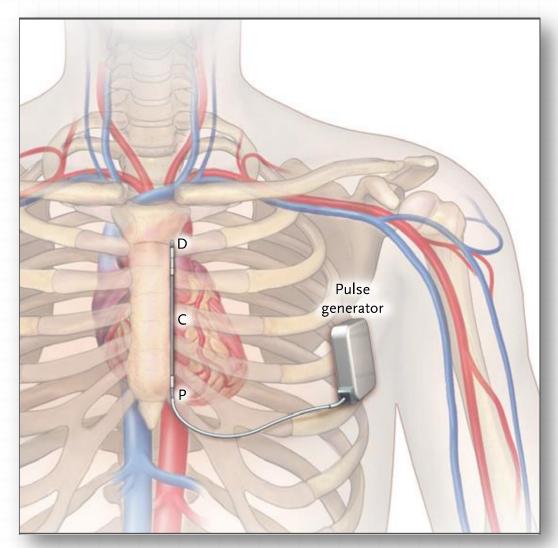








## Location of the Components of a S-ICD





### S-ICD™ System Components

### **SQ-RX**<sup>TM</sup> **Pulse Generator**



• Volume: 69 cc

• Weight: 145 grams

• Thickness: 15.7 mm

Energy: 80J (delivered)

• Waveform: Biphasic

### **Q-TRAK™** Electrode

- Multistrand cable-core design
- No hollow core, no inner coils
- Durable polyurethane insulator
- Designed to withstand cardiopulmonary resuscitation (CPR) forces

# Distal Sensing Electrode Anchoring Hole Proximal Sensing Electrode Defibrillation Coil Diameter 3.0 mm 8 cm Diameter 2.24 mm

### **Q-GUIDE™ Electrode Insertion Tool**

- Single use tool
- 36cm total length
- 3mm shaft diameter



### **Q-TECH™ Tablet Programmer**

- AC powered/battery backup
- Wanded RF telemetry
- Wireless printing
- Micro SD card



## Implant Procedure

## Scientific

This material is intended for general educational purposes only.

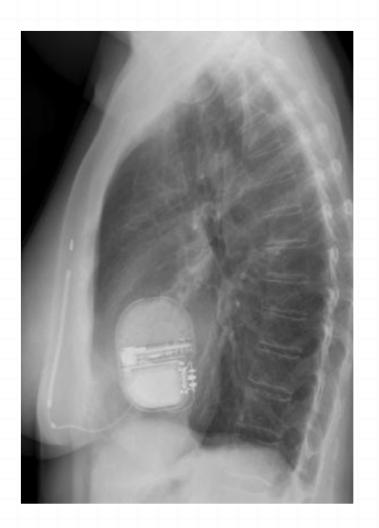
Prior to use please review the user's manual for a complete
listing of indications, contraindications, warnings, precautions,
potential adverse events and directions for use.

CRM-103612-AA SEPT2012



## Ideal Device Placement



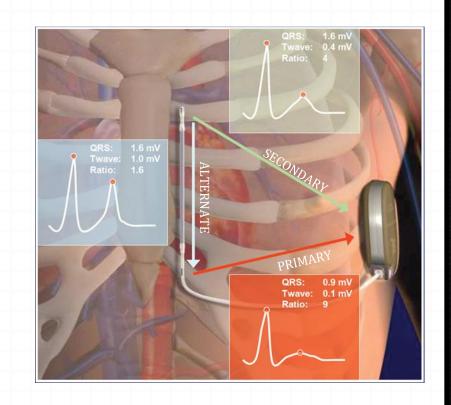




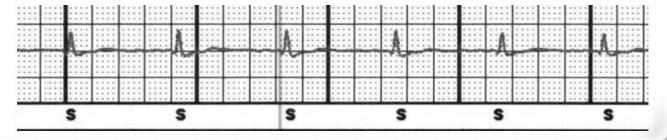
## Rhythm Detection Technology

#### Three far-field sensing vectors

- Primary, Secondary, Alternate
- Automatic or manual vector selection
- Morphologically rich signal similar to a surface ECG
- Sense electrodes positioned away from large muscle groups
- Maximum flexibility to solve sensing issues non invasively
- Sense vector reprogramming





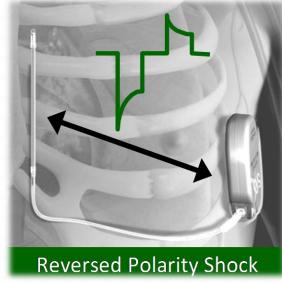


## Therapy Delivery

#### **Episodes**

- Up to 5 shocks per episode @ 80J
- Up to 128 seconds of S-ECG storage per episode
- Storage of up to 44 episode





#### **Adaptive Shock Polarity**

• System remembers the polarity of the last successful shock and automatically selects this shock polarity for the first shock of an episode

#### **Shock Vector**

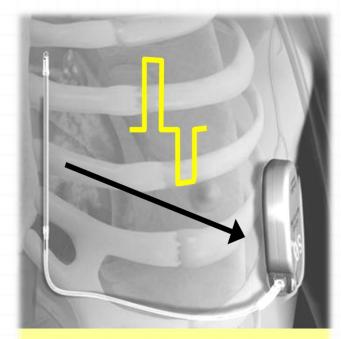
- Encompasses the entire left chest
- Tolerant of a wide variety of cardiac sizes/ orientation/hypertrophy



## Therapy Delivery

#### **Post-Shock Pacing**

- Transthoracic pacing
- Delivered for up to 30 seconds post-shock
- Demand based pacing @ 50 ppm using 200 mA



**Standard Polarity Pace** 



#### **Arrhythmia/Electrophysiology**

#### Safety and Efficacy of a Totally Subcutaneous Implantable-Cardioverter Defibrillator

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**Background**—The most frequent complications associated with implantable cardioverter-defibrillators (ICDs) involve the transvenous leads. A subcutaneous implantable cardioverter-defibrillator (S-ICD) has been developed as an alternative system. This study evaluated the safety and effectiveness of the S-ICD System (Cameron Health/Boston Scientific) for the treatment of life-threatening ventricular arrhythmias (ventricular tachycardia/ventricular fibrillation).

Methods and Results—This prospective, nonrandomized, multicenter trial included adult patients with a standard indication for an ICD, who neither required pacing nor had documented pace-terminable ventricular tachycardia. The primary safety end point was the 180-day S-ICD System complication-free rate compared with a prespecified performance goal of 79%. The primary effectiveness end point was the induced ventricular fibrillation conversion rate compared with a prespecified performance goal of 88%, with success defined as 2 consecutive ventricular fibrillation conversions of 4 attempts. Detection and conversion of spontaneous episodes were also evaluated. Device implantation was attempted in 321 of 330 enrolled patients, and 314 patients underwent successful implantation. The cohort was followed for a mean duration of 11 months. The study population was 74% male with a mean age of 52±16 years and mean left ventricular ejection fraction of 36±16%. A previous transvenous ICD had been implanted in 13%. Both primary end points were met: The 180-day system complication-free rate was 99%, and sensitivity analysis of the acute ventricular fibrillation conversion rate was >90% in the entire cohort. There were 38 discrete spontaneous episodes of ventricular tachycardia/ ventricular fibrillation recorded in 21 patients (6.7%), all of which successfully converted. Forty-one patients (13.1%) received an inappropriate shock.

**Conclusions**—The findings support the efficacy and safety of the S-ICD System for the treatment of life-threatening ventricular arrhythmias.

*Clinical Trial Registration*—URL: http://www.clinicaltrials.gov. Unique identifier: NCT01064076. (*Circulation*. **2013**;128:944-953.)

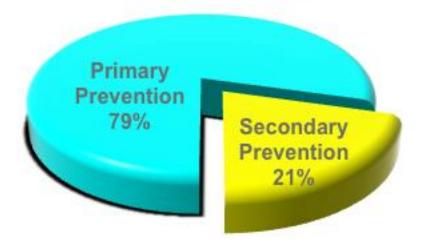


**Key Words:** defibrillators, implantable ■ heart arrest ■ tachycardia

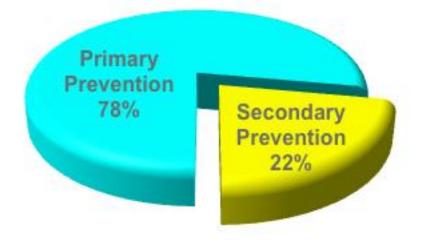
### **Patient Distribution**

### Patient Distribution Similar to NCDR Registry

S-ICD<sup>™</sup> System IDE Study<sup>a</sup> n = 321 patients



NCDR ICD Registry<sup>b</sup> n = 486,025 patients





## Effectiveness and Safety Endpoints

#### **Effectiveness Endpoints Met**

100% conversion of induced arrhythmias in evaluable patients

#### **Safety Endpoints Met**

99% Free from S-ICD<sup>TM</sup> System complications

Both endpoints met even under worst case sensitivity analysis

#### **Spontaneous VF/VT Episodes**

119 events in 21 patients

100% converted with 80J or spontaneousl

y converted

92% first shock conversion efficacy

#### **Complications**

4.4% perioperative complication rate

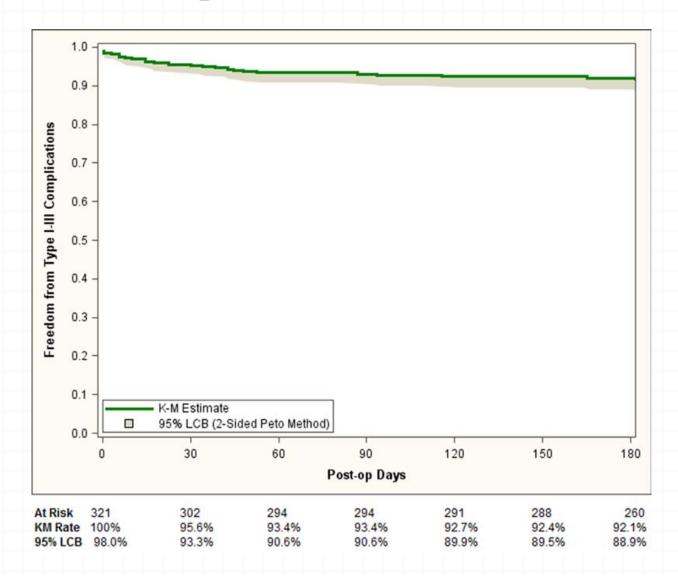
4 explant for infection (first 1/3 of pts)

No systemic infection or endocarditis

No arrhythmic deaths



## **Complication Free Rate**





# W orldwide experience with a totally subcutaneous implantable defibrillator: early results from the EFFORTLESS S+CD Registry

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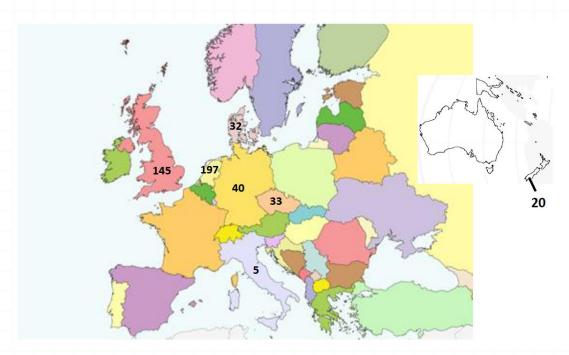
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Aims	The totally subcutaneous implantable-defibrillator (S+CD) is a new alternative to the conventional transvenous ICD system to minimize intravascular lead complications. There are limited data describing the long-term performance of the S+CD. This paper presents the first large international patient population collected as part of the EFFO RTLESS S+CD Registry.
Methods and results	The EFFO RTLESS SHCD Registry is a non-randomized, standard of care, multicentre Registry designed to collect long-term, system-related, dinical, and patient reported outcome data from SHCD implanted patients since June 2009. Follow-up data are systematically collected over 60-month post-implant induding Quality of Life. The study population of 472 patients of which 241 (51%) were enrolled prospectively has a mean follow-up duration of 558 days (range 13–1342 days, median 498 days), 72% male, mean age of 49+ 18 years (range 9–88 years), 42% mean left ventricular ejection fraction. Complication-free rates were 97 and 94%, at 30 and 360 days, respectively. Three hundred and seventeen spontaneous episodes were recorded in 85 patients during the follow-up period. Of these episodes, 169 (53%) received therapy, 93 being for Ventricular Tachycardia/Fibrillation (VT/VF). One patient died of recurrent VF and severe bradycardia. Regarding discrete VT/VFepisodes, first shock conversion efficacy was 88% with 100% overall successful dinical conversion after a maximum of five shocks. The 360-day inappropriate shock rate was 7% with the vast majority occurring for oversensing (62/73 episodes), primarily of cardiac signals (94% of oversensed episodes).
Conclusion	The first large cohort of real-world data from an International patient SHCD population demonstrates appropriate system performance with dinical event rates and inappropriate shock rates comparable with those reported for conventional ICDs. Clinical trial registration URL: http://www.clinicaltrials.gov.Unique identifier NCT01085435.
Keywords	Suboutaneous ICD † Ventricular arrhythmias † Cardiac arrest † Primary prevention † Secondary prevention



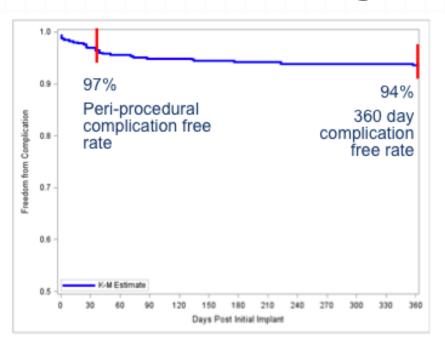
## **EFFORTLESS** Registry

- ✓ 472 patients enrolled between Feb 2011 and April 2013
  - 63% primary prevention typical for EU
  - 49 ± 18 years (range 9 88) younger demographic
  - 558 day mean follow-up (range 13 1342 days)
- ✓ 232 patients enrolled in QOL sub-study (not yet published)





## **EFFORTLESS** Registry



#### Spontaneous VF/VT Episodes

93 events in 33 patients 100% clinical conversion 88% first shock conversion efficacy No arrhythmia related syncope One arrhythmic death

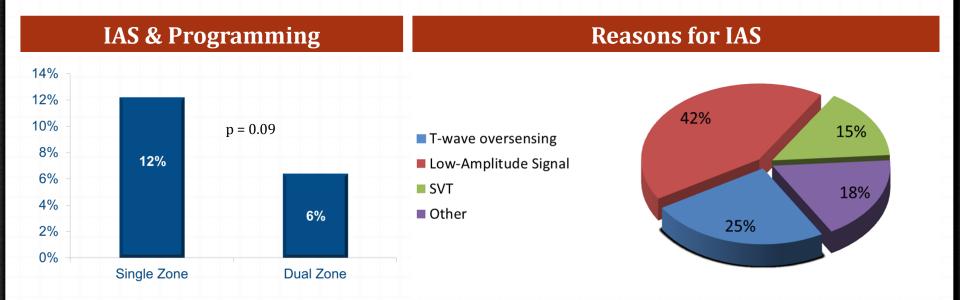
> Recurrent VF & severe bradycardia Proper device function

#### Complications

97% complication free at 30 days 94% complication free at 360 days 1.8% permanent explant for infection No systemic infection or endocarditis No lead fractures



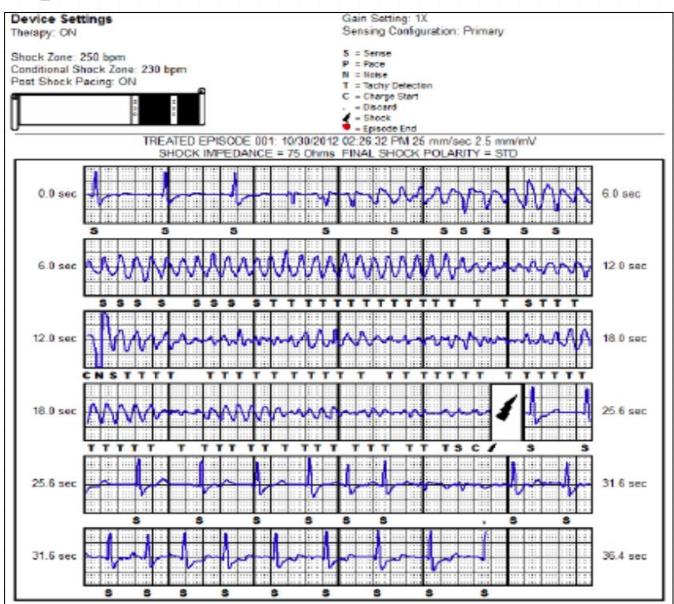
## Inappropriate Therapy



- ✓ 82% of patients received dual-zone programming; with an inappropriate shock rate of 6.4%.
- ✓ Only 9 study patients (2%) experienced inappropriate shocks after initial interventions (re-programming, exercise tests, medication changes).
- ✓ Only one VF/SVT discrimination error in the conditional shock zone.



## Appropriate Shock for Clinical Event of VF





# CONTROVERSIES IN ARRHYTHMIA AND ELECTROPHYSIOLOGY

### Who Should Receive th Implanted Defibrillator

# The Subcutaneous Implantable (ICD) Should Be Considered in Who Do Not Require Pacing

Jeanne E. Poole, MD; Michael R. Gold, MD, PhD



### Table 2. Characterization of Patient Groups for S-ICD Implantation

S-ICD is preferred device

No venous access (occluded veins or congenital anomalies)

High risk of complications for transvenous systems have (dialysis, pediatric, and immunocompromised)

Channelopathies (long-QT syndrome, Brugada, hypertrophic cardiomyopathy)

Previous device infections or lead failures

History of endocarditis

S-ICD should be strongly considered

Young patients

Life expectancy >10 y

Primary prevention indicated patients with ischemic/nonischemic heart failure

Prosthetic valves

Women (preferred generator placement lateral wall)

Selected secondary prevention indicated patients (survivors of out-of-hospital VF, no evidence of monomorphic VT

S-ICD should be avoided

Systolic heart failure and LBBB who are indicated for CRT

Symptomatic bradycardia requiring pacemaker

Recurrent sustained monomorphic VT for whom ATP is deemed appropriate





# Thanks for your attention!!

